

# Comprehensive physical exam

**1. Complete medical history** ( To be completed prior to patient arrival)

**2. Comprehensive physical examination**

**3. Life style and risk appraisal:** Alcohol, tobacco and other indicators.

**4. Nutritional screening:**

- Three days food record prior to arrival.
- Basic nutritional consultation.

**5. Guidelines for health improvement**

**6. Laboratory screening tests :**

- Chemistry profile
- Electrolytes
- Lipid profile
- Complete blood count
- Thyroid profile
- Urinalysis
- Hemocult

**7. Immunizations update and travel medicine consult.**

**8. Cardiac and lung health evaluation**

- ECG
- Chest X-ray
- Spirometer

*Please note that additional tests/procedures may incur extra cost, however we will assist you to coordinate your insurance company benefits.*

**The Caribbean Basin's only catastrophic care destination**